

Mental health

This edition we are focusing on East Midlands early intervention in psychosis data



Nationally
76.6%
of patients with first episode psychosis start treatment within 2 week of referral (August 2016) (1)

In England, only
8%
of people with schizophrenia are in work (3)

The current cost to Society of psychosis is estimated to be
£11.8 billion
per year in England (3)

In the East Midlands, there are
961 new cases of psychosis each year in the population aged 16-64 (2)

References

- (1) NHS England – EIP waiting times data 2015/16 <https://www.england.nhs.uk/statistics/statistical-work-areas/eip-waiting-times/>
- (2) Public Health England – Severe Mental Illness Profiling tool (2016)
- (3) NHS England and NICE – Implementing the Early Intervention in Psychosis Access and Waiting Times Standard: Guidance (2016)

Welcome

We are pleased to welcome you to the third edition of our newsletter. The mental health agenda has grown at pace this year, supported by publication of the **Five Year Forward View Implementation Plan**, which forecast a pivotal role for digital technology in mental health. This prompted us to improve our application of technology to clinical networking, so you will see more use of Twitter, blogs and virtual networking, starting in our Dementia Work Programme.... with more to follow! Also, we will provide links to mental health guidance as it is published, so do keep an eye on the **website**. In the meantime, we are keen to see this newsletter provide a platform for showcasing local developments, so please send us your news.

Dr Richard Prettyman and Dr Girish Kunigiri, Clinical Co-Directors

Mental Health First Aid

The Network is not only about engaging and collaborating with commissioners and providers – our team believe we all have a direct role to play in promoting and supporting mental health and wellbeing. Mental Health First Aid England provides education on how to identify and help those developing a mental health issue. We support this initiative and are proud to announce three of our team members; Sumita Saigal, Shekha Modhwadia and Alyson Evans recently trained to become newly qualified mental health first aiders.

Work programmes update

- **Early Intervention in Psychosis:** we held a symposium on 'Getting the data right' in September with presentations from the Network, NHS England Analysts and NHS Digital. The Network is producing a FAQ about EIP data in response to queries raised on the day.
A key message from clinicians and managers was the need for them to work closely with information colleagues to ensure the data reported is accurate. EIP referral training for GPs starts on November 2016. The EIP service mapping report will be circulated shortly.
- **Dementia:** a comprehensive work programme has been designed based on NHS England's Well Pathway for dementia.

Innovation projects have reported their successes and the network will be sharing case studies in November.

- **Perinatal Mental Health (PMH):** local submissions for national funding were supported by the Network. The outcome is expected imminently. A regional PMH training programme for specialist services is being developed.
- **Liaison Mental Health:** service mapping report due to be circulated in November. The work programmes for liaison mental health and crisis services are each being developed with our new clinical lead.
- **Improving Access to Psychological Therapies:** the first cohort of participants have started the specially designed clinical leadership development programme.

What's on

17 November: Dementia Learning Exchange Group meeting – focusing on managing delirium as a condition presenting with dementia

7 December: Perinatal Mental Health conference – focusing on local, regional and national direction

For further information, please contact nicholas.putnam@nhs.net or alyson.evans1@nhs.net

Take a look at

Public Health England – Psychosis Data Report (2016)

NHS Digital – Mental Health Services Data Set

Team update

Network news! Since our last edition can we formally welcome new team members:

- Dr Girish Kunigiri – Clinical Co-Director
- Dr Chris Schofield – Liaison Mental Health and Crisis Clinical Lead
- Dr Jonathan Waite – Dementia Clinical Lead
- Dr Debasis Das – Early Intervention in Psychosis Clinical Lead
- Eddie Alder - Senior Quality Improvement Manager
- Karen Derrick - Quality Improvement Officer
- Nicholas Putnam - Quality Improvement Coordinator
- Rebecca College – Dementia Associate