

East Midlands Maternity Clinical Network



1 in 7
women
died by
suicide

9 more women
per 100,000 died up to six
weeks after giving birth or the
end of pregnancy in 2011-2013

14 more women
per 100,000 died between
six weeks and a year
after their pregnancy
in 2011-2013

Almost
25%
of women who
died between
six weeks and
one year after
pregnancy died
from mental
health related
causes

If the women who died by suicide became ill today,
40% would not be able to get specialist
perinatal mental health care

Clinical Director welcome

Welcome to the spring 2016 edition of the Clinical Network newsletter. Our focus remains on working with you to improve care for women and babies in the East Midlands. We will continue to support the national priority areas on neonatal outcomes, reduction in stillbirth, and improving safety. I am sure many of you have had an opportunity to read the Baroness Cumberledge report on maternity services (see the maternity review item). The report provides a useful overview of the services across the country and no doubt it will inform developments as the important messages translate into actions. May I take the opportunity to encourage you to come to our event on the 25 May? We have put together what we hope to be an informative programme with relevance to our region. The forum is open to all and we look forward to your contribution.

Marwan Habiba, Clinical Director

Maternity review

Baroness Julia Cumberlege recently published the national maternity review: Better births – improving outcomes of maternity services in England. It recommended personalised care, professionals working together across boundaries, better postnatal and perinatal care, and a fair payment system for providers. Clinical Networks will help professionals, providers and commissioners to share information, best practice and provide support, to drive quality improvement. They will also help to ensure that specialist services are available to women, including neonatal care and fetal medicine. To read the report, see: <http://bit.ly/1KGmGQC>

MBRRACE-UK: Saving lives, improving mothers' care

The infographic data was taken from MBRRACE's Saving Lives, Improving Mothers' Care report (December 2015), focusing on the psychiatric causes of maternal deaths between 2009 and 2013. A need for more connectivity before, during and after pregnancy between agencies was highlighted. Training of staff was also described as an urgent issue. To read the report, see: <http://bit.ly/1OjBoID>

Patterns of maternity care

Some of you may have already seen the 2013/14 report from the Royal College of Obstetricians and Gynaecologists on the patterns of maternity care, which is linked to an interactive dataset allowing data to be examined from individual trusts. It shows wide variations between trusts and it would inform good practice if the reasons for the variation are better understood. <http://bit.ly/2343Tn3>

Maternal and perinatal mortality event - 25 May

We are hosting a free regional event aimed at clinicians, obstetricians, midwives and commissioners. It will include key messages from the maternity review, the work of MBRRACE-UK, predicting imminent spontaneous delivery, the work of the East Midlands Fetal Medicine Network, psychiatric causes of maternal death, female genital mutilation and our work around mothers with a high body mass index. To book, visit: <http://bit.ly/1TTgVIB>

Saving Babies Lives – A care bundle for reducing stillbirth

NHS England published details of the national care bundle to support a reduction in stillbirths: <http://bit.ly/1VVj7Zx>. It brings together four elements of care that are recognised as evidence based and/or best practice:

1. Reducing smoking in pregnancy
2. Risk assessment and surveillance for fetal growth restriction
3. Raising awareness of reduced fetal movement
4. Effective fetal monitoring during labour

The maternity network will consider how this approach can be adopted in the East Midlands.

New website address

Our website address has changed from www.emsenatescn.nhs.uk to www.emclinicalnetworks.nhs.uk. Please change your bookmarks.

